

“I CAN” PACKAGE

(2012)

ARTS EDUCATION

CPK.1 Express ideas through exploration of the elements of dance including:

- **action**
- **body**
- **dynamics**
- **relationships**
- **space.**

I CAN...

express my ideas and explore through dance.

(Digital Portfolio- Physical Dimension- Movement – P. 9)

ACTIVITY	EVIDENCE

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CPK.2 Explore a variety of drama strategies including:

- role
- imaging
- parallel play
- journeys
- meetings.

I CAN. . .

explore through dramatic play.

(Digital Portfolio- Intellectual Dimension- P. 14)

ACTIVITY	EVIDENCE

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CPK.3 Create sound compositions exploring the elements of music including:

- repeating patterns
- beat (e.g., clapping and stepping, and counting)
- response to fast/slow paces
- high/low sounds
- loud/soft sounds
- sounds with distinct tone colours/timbres.

I CAN . . .

create different sounds.

(Digital Portfolio- Intellectual Dimension- p. 15)

ACTIVITY	EVIDENCE

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CPK.4 Create art works that express own observations and ideas about the world.

I CAN . . .

create art that expresses my ideas.

(Digital Portfolio- Intellectual Dimension- p. 15)

ACTIVITY	EVIDENCE
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CRK.1 Respond to arts expressions verbally and non-verbally (e.g., through movement or drawing).

I CAN...

respond to artistic expressions of others.

(Not included in the Digital Portfolio)

ACTIVITY	EVIDENCE

CHK.1

Investigate arts expressions found in own homes and school community in relation to own lives.

I CAN. . .

discuss and investigate different artists and art making materials that I have seen in my home, school or community.

(Not included in the Digital Portfolio)

ACTIVITY	EVIDENCE

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CHK.2

Recognize a wide variety of arts expressions as creations of First Nations and Métis peoples.

I CAN. . .

Experience and understand the ways of the First Nation and Metis people.

(Combined with Social Outcome DRK.3)

(Digital Portfolio- Spiritual Dimension p. 12)

ACTIVITY	EVIDENCE

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ENGLISH LANGUAGE ARTS

CRK.1 Comprehend and respond to a variety of visual, oral, print, and multimedia texts that address identity (e.g., exploring interests), community (e.g., belonging), and social responsibility (e.g., contributing).

I CAN. . .

Look at, understand and respond to many types of information.

(Combined with ELA Outcomes ARK.1 & CRK.2)

(Digital Portfolio- Language and Literacy Development- P. 23)

ACTIVITY	EVIDENCE
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CRK.2 View and interpret the basic message of visuals and objects in a variety of texts including models, photographs, dramas, dance creations, and videos.

I CAN . . .

Look at, understand and respond to many types of information.

(Combined with ELA Outcomes CRK.1 & ARK.1)

(Digital Portfolio- Language and Literacy Development - P. 23)

ACTIVITY	EVIDENCE

CRK.3 Listen, comprehend, and respond to gain meaning in oral texts.

I CAN...

Listen to, understand and respond to things I hear.

(Combined with ELA Outcomes CRK.4 & ARK.1)

(Digital Portfolio- Language and Literacy Development - P. 24)

ACTIVITY	EVIDENCE

CRK.4 Comprehend, retell, and respond to basic ideas in stories, poems, songs, and informational texts read to them.

I CAN. . .

Listen to, understand and respond to things I hear.

(Combined with ELA Outcomes CRK.3 & ARK.1)

(Digital Portfolio- Language and Literacy Development - P. 24)

ACTIVITY	EVIDENCE

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CCK.1 Compose and create various visual, multimedia, oral, and written texts that explore and present thoughts, ideas, and experiences.

I CAN...

Express my ideas through pictures and writing.

(Combined with ELA Outcomes ARK.1, CCK.2 & CCK.4)

(Digital Portfolio- Language and Literacy Development - P. 25)

ACTIVITY	EVIDENCE
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CCK.2 Use and construct symbols, pictures, and dramatizations to communicate feelings and ideas in a variety of ways.

I CAN...

Express my ideas through pictures and writing.

(Combined with ELA Outcomes ARK.1, CCK.1 & CCK.4)

(Digital Portfolio- Language and Literacy Development - P. 25)

ACTIVITY	EVIDENCE

CCK.3 Use oral language to converse, engage in play, express ideas, and share personal experiences.

I CAN. . .

Express myself through speaking.

(Combined with ELA Outcomes ARK.1 & ARK.2)

(Digital Portfolio- Language and Literacy Development - P. 24)

ACTIVITY	EVIDENCE

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CCK.4 Create messages using a combination of pictures, symbols, and letters.

I CAN . . .

Express my ideas through pictures and writing.

I can print my name.

(Combined with ELA Outcomes CCK.1 & CCK.2)

**(Digital Portfolio- Language and Literacy Development - P. 25
Intellectual Dimension- P. 21)**

ACTIVITY	EVIDENCE
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ARK.1 Reflect on viewing, listening, emerging “reading”, representing, speaking, and emerging “writing” experiences in the context of teacher-led discussions.

I CAN . . .

Reflect and talk about my learning.

(Combined with other ELA outcomes CRK.1, CRK.2, CRK.3, CRK.4, CCK.1, CCK.2, CCK.3)

(Digital Portfolio- Language and Literacy Development - P. 23, 24 & 25)

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ACTIVITY	EVIDENCE

ARK.2 Reflect and talk about new learning.

I CAN . . .

Express myself through speaking.

(Combined with ELA Outcome CCK.3)

(Digital Portfolio- Language and Literacy Development - P. 24)

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ACTIVITY	EVIDENCE

HEALTH

USCK.1 Develop basic habits to establish healthy relationships with self, others, and the environment.

I CAN...

I am respectful to myself and others.

**(Combined with Outcomes from Physical Education PEK.7,
Health DMK.1 & APK.1)**

(Digital Portfolio Socio- Emotional Dimension P. 4)

ACTIVITY	EVIDENCE

USCK.2 Establish behaviours that support safety of self and others (including safety at school and at home).

I CAN. . .

Keep myself and others safety.

(Combined with Outcomes from; P. Ed PEK. 7, Health DMK.1 & APK.1)

(Digital Portfolio Socio- Emotional Dimension P. 3)

ACTIVITY	EVIDENCE

USCK.3 Explore that who I am includes more than my physical self.

I CAN. . .

Explore and learn who I am and how I am different or the same as my classmates.

(Combined with Outcomes from; Social INK.1 & INK. 2, Health DMK.1 & APK.1)

(Digital Portfolio Spiritual Dimension P. 13)

ACTIVITY	EVIDENCE

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DMK.1 Establish that being curious about health and well-being is important for developing healthy habits, establishing healthy relationships, supporting safety, and exploring “self”.

I CAN. . .

I can learn and demonstrate healthy habits.

(Combined with Outcomes; P. Ed. PEK. 7, Health USCK.1, USCK.2 & APK.1, Social INK.1 & INK.2)

(Digital Portfolio Socio- Emotional Dimension P. 5)

ACTIVITY	EVIDENCE
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APK.1 Demonstrate, with guidance, initial steps for developing basic health habits, establishing healthy relationships, supporting safety, and exploring “self”.

I CAN. . .

I can learn and demonstrate healthy habits.

**(Combined with Outcomes: Physical Education PEK. 7, Health USCK.1, USCK.2, & DMK.1, Social INK.1 & INK.2)
(Digital Portfolio Socio- Emotional Dimension P. 5)**

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ACTIVITY	EVIDENCE

MATHEMATICS

NK.1 Say the whole number sequence by 1s starting anywhere from 0 to 10 and from 10 to 0.

I CAN...

Recognize, show and count numbers to 10.

**(Combined with Mathematics Outcome NK.2, NK.3 & NK.4)
(Digital Portfolio Intellectual Dimension- P 16)**

ACTIVITY	EVIDENCE

NK.2 Recognize, at a glance, and name familiar arrangements of 1 to 5 objects, dots, or pictures.

I CAN...

Recognize, show and count numbers to 10.

**(Combined with Mathematics Outcome NK.1, NK.3 & NK.4)
(Digital Portfolio Intellectual Dimension - P 16)**

ACTIVITY	EVIDENCE

NK.3 Relate a numeral, 0 to 10, to its respective quantity.

I CAN...

Recognize, show and count numbers to 10.

**(Combined with Mathematics outcomes NK.1, NK.2 & NK.4)
(Digital Portfolio- Intellectual Dimension- P 16)**

ACTIVITY	EVIDENCE

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NK.4 Represent the partitioning of whole numbers (1 to 10) concretely and pictorially.

I CAN...

Recognize, show and count numbers to 10.

**(Combined with Mathematics Outcomes NK.1, NK.2 & NK.3)
(In Digital Portfolio- Intellectual Dimension- P. 16)**

ACTIVITY	EVIDENCE

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NK.5 Compare quantities, 0 to 10, using one-to-one correspondence.

I CAN...

Match objects to compare amounts.

(Digital Portfolio- Intellectual Dimension - P. 16)

ACTIVITY	EVIDENCE
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- PK.1 Demonstrate an understanding of repeating patterns (two or three elements) by:**
- identifying
 - reproducing
 - extending
 - creating patterns using manipulatives, sounds, and actions.

I CAN...

Make a pattern.

(Digital Portfolio- Intellectual Dimension- P. 17)

ACTIVITY	EVIDENCE

SSK.1 Use direct comparison to compare two objects based on a single attribute, such as:

- **length including height**
- **mass**

- volume
- capacity.

I CAN. . .

Compare objects by their height, weigh or how much they hold.

(Digital Portfolio- Intellectual Dimension- P. 17)

ACTIVITY	EVIDENCE

SSK.2 Sort 3-D objects using a single attribute.

I CAN...

Sort objects into groups to show how they are alike and different.

(Digital Portfolio- Intellectual Dimension- P. 18)

ACTIVITY	EVIDENCE

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SSK.3 Build and describe 3-D objects.

I CAN. . .

Build and describe my creations.

(Digital Portfolio- Intellectual Dimension- P. 18)

ACTIVITY	EVIDENCE

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PHYSICAL EDUCATION

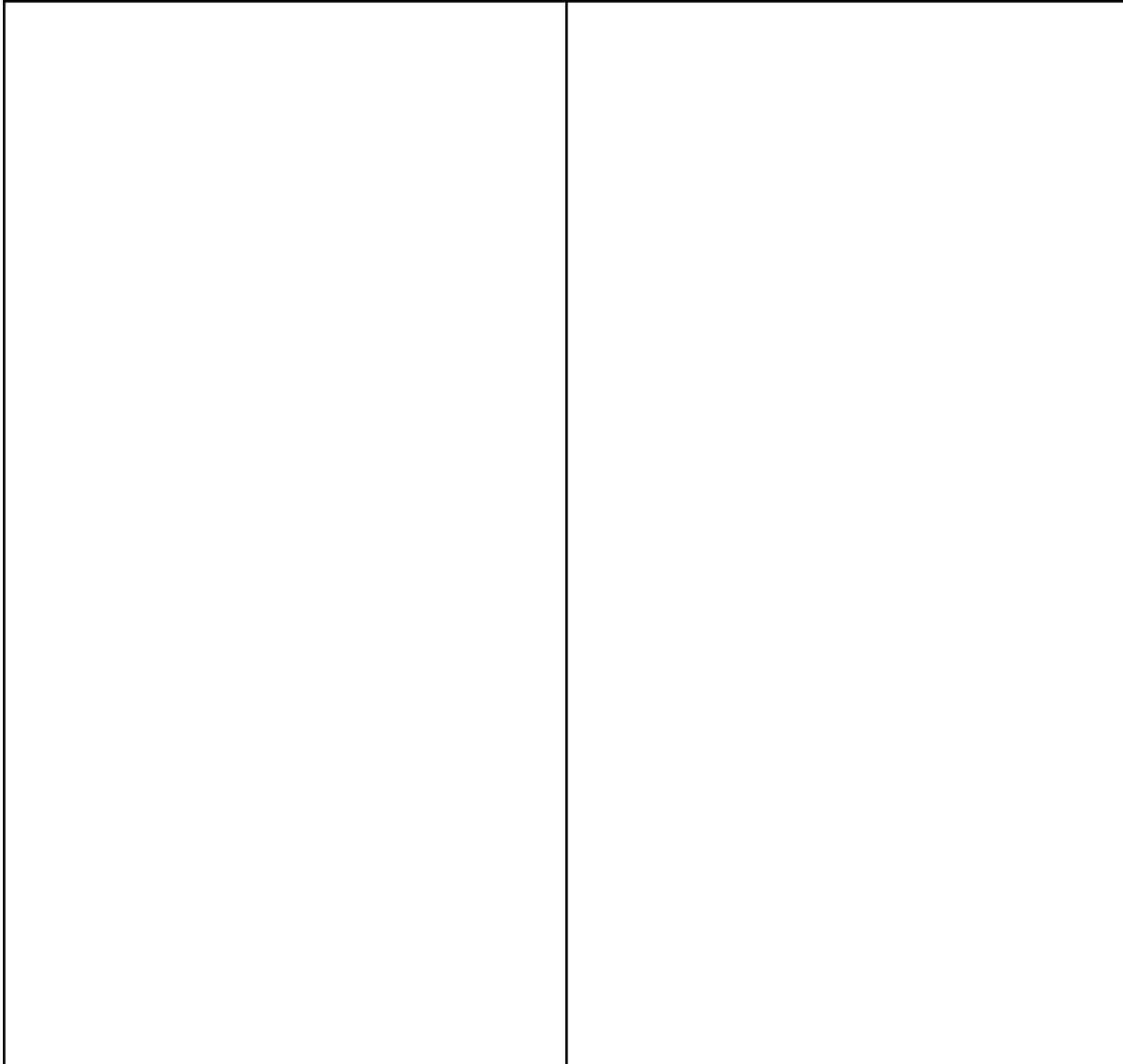
PEK.1 Fitness Participate in a variety of moderate to vigorous movement activities for short periods of time to increase heart and respiration rate, flexibility, muscular endurance, and muscular strength.

I CAN. . .

Participate in movement activities.

(Digital Portfolio- Physical Development- Physically Active- P. 8)

ACTIVITY	EVIDENCE
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PEK.2 Locomotor Movement

Explore and practise ways to move the body through space, including at:

- **a progressing-toward-control level of skill when:**
 - **walking**
 - **running**
 - **jumping forward and sideways**
- **an exploration level when:**
 - **hopping** (body moves on one foot as in right foot to right foot)
 - **skipping** (combines a step and a hop)
 - **leaping** (body 'takes off' from one foot, propels through air for distance, then lands on the opposite foot)

- **sliding** (one foot steps and the other moves to meet the first foot, “step-close”)
- **galloping** (one foot steps, body propels upward, other foot moves to meet the first foot).

I CAN. . .

Move in different ways.

(Combined with Physical Education Outcomes PEK.3, PEK.5 & PEK.6)

(Digital Portfolio –Physical Development- Movement– P. 10)

ACTIVITY	EVIDENCE

PEK.3 Non-locomotor Movement

Explore and practise ways to move the body in personal space at a progressing-towards-control level of skill when:

- **balancing**
- **jumping and landing (on the spot).**

I CAN...

Move in different ways.

(Combined with Physical Education Outcomes PEK.2, PEK.5 & PEK.6)

(Digital Portfolio –Physical Development- Movement– P. 10)

ACTIVITY	EVIDENCE

PEK.4 Manipulative Skills

Explore and practise ways to send and receive objects at an exploration level when:

- throwing (rolling)
- catching (trapping, gathering)
- kicking.

I CAN. . .

I can throw, catch or kick.

(Digital Portfolio- Physical Development- Movement- P. 10)

ACTIVITY	EVIDENCE

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PEK.5 Movement Variables

Vary, with guidance, the movement of the body through changes in:

- **space** (personal space, general space, levels, directions, and pathways)
- **effort** (time and speed)
- **relationships** (body parts and shapes).

I CAN. . .

Move in different ways.

(Combined with Physical Education Outcomes PEK.2, PEK.3 & PEK.6)

(Digital Portfolio –Physical Development- Movement– P. 10)

ACTIVITY	EVIDENCE
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PEK.6 Rhythmical Movement

Explore and perform rhythmical movement to different auditory (e.g., beat of a drum, clapping, music) rhythms (e.g., quick, slow) using a variety of locomotor movements including walking, running, balancing, jumping, galloping, hopping, and skipping skills.

I CAN...

Move in different ways.

(Combined with Physical Education Outcomes PEK.2, PEK.3 & PEK.5)

(Digital Portfolio –Physical Development- Movement– P. 10)

ACTIVITY	EVIDENCE

PEK.7 Relationships

Use respectful behaviours and safe practices while participating in cooperative games and physical movement activities.

I CAN . .

**Respect myself and others.
Keep others safe.**

(Combined with Health Outcomes USCK.1, USCK.2, DMK.1 & APK.1)

(Digital Portfolio- Socio- Emotional Dimension- PP. 3 & 4)

ACTIVITY	EVIDENCE

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SCIENCE

LTK.1 Examine observable characteristics of plants, animals, and people in their local environment.

I CAN. . .

Look at familiar objects, plants, animals and people in our environment.

(Combine with Science Outcome MOK.1)

(Digital Portfolio- Intellectual Dimension - P. 19)

ACTIVITY	EVIDENCE
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FEK.1 Examine the effects of physical forces, magnetic forces, light energy, sound energy, and heat energy, on objects in their environment.

I CAN. . .

Investigate effects of force.

Investigate effects of energy.

Digital Portfolio- Intellectual Dimension- P. 20)- two photos

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ACTIVITY	EVIDENCE

MOK.1 Investigate observable characteristics of familiar objects and materials in their environment.

I CAN...

Look at familiar objects, plants, animals and people in our environment.

(Combine with Science Outcome LTK.1)

(Digital Portfolio- Intellectual Dimension- P. 19)

ACTIVITY	EVIDENCE

NSK.1 Explore features of their natural surroundings (e.g., soil, water, landform, and weather conditions), including changes to those surroundings over time.

I CAN. . .

Discover the world around me.

(Digital Portfolio- Intellectual Dimension- P. 19)

ACTIVITY	EVIDENCE

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SOCIAL

INK.1 Demonstrate an understanding of similarities and differences among individuals in the classroom.

I CAN. . .

Explore and learn who I am and how I am the different or the same as my classmates.

(Combine with Outcomes from; Health USCK.3, DMK.1, & APK.1 and Social INK.2)

(Digital Portfolio- Socio- Emotional Dimension- P. 13)

ACTIVITY	EVIDENCE
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INK.2 Describe the diversity of groups represented in the classroom.

I CAN . . .

Explore and learn who I am and how I am the different or the same as my classmates.

Combined with Outcomes from; Health USCK.3, DMK.1 & APK.1, and Social INK.1)

(Digital Portfolio- Socio- Emotional Dimension - P. 13)

ACTIVITY	EVIDENCE

DRK.1 Describe the spatial relationships among people, places, and environments.

I CAN...

Describe where people and places are in the world.

(Digital Portfolio- Intellectual Dimension - P. 21)

ACTIVITY	EVIDENCE

DRK.2 Explore examples of promises made through actions and words, and why it is important to keep promises.

I CAN...

I can make and keep a promise.

(Digital Portfolio- Socio-Emotional Dimension- P. 4)

ACTIVITY	EVIDENCE

DRK.3 Analyze ways in which place and physical systems influence daily life, including the influence of place on the daily life of First Nations and Métis people.

I CAN. . .

Experience and Understand the ways of First Nations and Metis people.

(Combine with Arts Education Outcome CHK.2)

(Digital Portfolio- Spiritual Dimension - P. 12)

ACTIVITY	EVIDENCE

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PAK.1 Understand and respect the agreed-upon rules of the classroom, playground, and school, and recognize that rules and expectations are designed to promote a state of safety, self-regulation, peace, balance, and harmony.

I CAN. . .

I can follow rules and expectations.

(Digital Portfolio- Socio- Emotional Dimension - P. 5)

ACTIVITY	EVIDENCE

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PAK.2 Recognize situations in which disagreement may be part of living, studying, and working together, and that resolution may be an avenue to progress to a state of peace, balance, and harmony.

I CAN. . .

Recognize and solve conflict when it occurs.

(No included in the Digital Portfolio)

ACTIVITY	EVIDENCE
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RWK.1 Examine ways of managing tasks and resources in families and schools.

I CAN...

Share ways that jobs are done.

(Not included in the Digital Portfolio)

ACTIVITY	EVIDENCE

RWK.2 Develop and demonstrate stewardship of the environment in daily actions, in an effort to promote balance and harmony.

I CAN. . .

Help take care of our environment.

(Digital Portfolio- Spiritual Dimension - P. 13)

ACTIVITY	EVIDENCE

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